

# Springfield Newsletter

Aim High and Achieve Excellence, Together



Springfield  
Primary School

[www.springfieldsch.org](http://www.springfieldsch.org)



@springfieldglf



Springfield Primary School - Sunbury-on-Thames

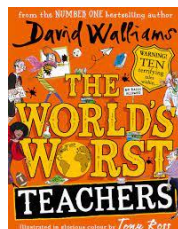
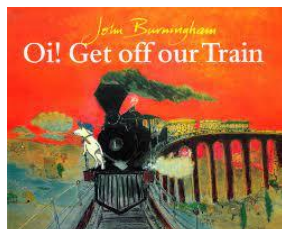
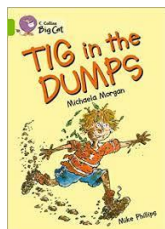
22nd January 2021

Term 2, Issue 3

## A note from the Headteacher

Dear Parents and Carers,

This week, as we evolve our **remote learning offer**, we have begun our **phase group, story time assemblies**. It has been wonderful to see the children who are not presently in school and for those who are, to connect as a class once more. Mr Baker and I have been incredibly impressed by the children's engagement and responses to questions. We are looking forward to seeing the children next week, for the coming instalments.



Thank-you to all for taking the time to complete the **parent survey on the school's remote learning offer**. We appreciate your feedback greatly and in this there were a range of differing views about a possible move to **live learning**. We understand the pros and cons for our families and the importance of trying to meet everyone's needs. Once we know more from the DfE in the coming weeks about when and what school re-opening will look like, we will use this feedback in how we develop the remote-learning provision for children, as required.

The online safety organisation **Think U Know** has just released some new materials for families on how to **keep children safe whilst online**. These include videos and resources packs and can be found on: [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk).



For all parents and carers with children in **EYFS up to Year 3**, we are hosting a **virtual phonics workshop on 4th February at 10.00am**, to help support children's reading development at home. A link on the morning of this day, will be sent out and all are warmly welcome to attend.

Finally, Mr Davies had the incredibly difficult task this week of judging the name for **our new woodland area** and we are delighted to let all know that Sophie.G in Year 6 has won the competition, receiving a children's gardening kit, with the area now to be called The Burrow. Well-done Sophie for thinking of such a fitting name. Children will begin to use this area after the February half-term, as we launch our first **Outdoor Learning Week, 23rd-26th February**.

I wish you a restful weekend.

Mrs Caroline Gibbins  
Headteacher

## Dates for your diary

### 4<sup>th</sup> February -

Virtual Reception and Year 1  
phonics workshop for  
parents 10.00am

### 9<sup>th</sup> February -

Safer Internet Day 2021

### 11<sup>th</sup> February -

Virtual Parent Forum,  
9.30am

### 22<sup>nd</sup> February -

INSET day – no children in  
school

### School Dinners

If your child is in school and  
is having school dinner,  
please ensure these are  
booked in advance on-line  
via scopay.

This week there were new  
menu's emailed out which  
can be found on the  
Springfield website.

## Reading Section

Oak Academy are offering a free Virtual School Library. Every week a popular children's author or illustrator will provide free books, exclusive videos and their top three recommended reads. Having access to a school library is really important for children. School libraries nurture a love of reading that can enrich children's literacy skills, academic achievements and mental wellbeing.

This week's author is Jaqueline Wilson! You can read the popular "Tracy Beaker" for free. There are also some fun activities to complete.

Take a look here: <https://library.thenational.academy/>

## General Information

**Speech and Language** - Miss Seagrove has created a speech and language section on Google Classroom and will be uploading daily resources to help with your child's speech and language development. Pupils who attend sessions with Miss Seagrove already have access to this group however if you would like access for your child to use these daily resources then please add class code - **7wzkk54**

## Home Learning

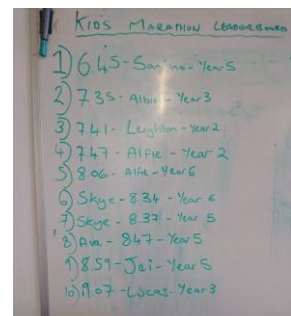
We have had amazing home learning this week from Grace in Year 4 and Lucas in Year 3. Well done!



## Sports News

The Surrey school games team have put a competition in place virtually for all children to have a go. All children are required to run a mile as quickly as possible. At Springfield, we have extended this to a Top 10 list for all key worker groups to compete at (applicable for Year 2- Year 6). The winner of Week 1 was Santino in Year 5, excellent work!

The class code for the PE classroom is **fypb5rv**.



Mr Cain's superstar online learners this week are Teddy Year 6 and Leila Year 2.

## Lead Learner and Super Citizen

This week's Lead Learners working remotely were celebrated today, the focus being 'working really hard on their home learning':

Fox - Hasindu  
Badger - Steven  
Sparrow - Jack  
Nightingale - James.L  
Woodpecker - Nancy  
Mole - Lena

Bat - Ishika  
Stoat - Amelia  
Otter - Bethany  
Buzzard - Molly  
Osprey - Emily  
Eagle - Summer  
Falcon - Ruby

This week's Lead Learners working in school were celebrated today, the focus being 'being engaged in their learning':

Fox - Ethan  
Badger - Laila  
Sparrow - Elliot  
Nightingale - Molly  
Woodpecker - Raife  
Mole - Theo

Bat - Elisha  
Stoat - Bonnie-May  
Otter - Sidney  
Buzzard - Joey  
Osprey - Yohan  
Eagle - Michael  
Falcon - Skye

Nursery King & Queen are:  
Hedgehog – Elliott & Isabel

Owls and Squirrels – Adelina & Phronesis

## Awards

**TT Rockstars** – Falcon class are winners this week. Our top 3 TT Rockstars with the most improved in accuracy are Wyndham Y4, Jack.S Y3 and Lola Y4.

**Numbots** – Mole class are at the top of this week's leader board. Our top 3 Numbots Stars with the most correct answers are Sam.P Y2, Pesandu Y2 and Neel Y1.

Well done all!



## Useful links

Get mindfulness meditation practices, research and special offers from Mindful community, see link below:

<https://www.mindful.org/meditation/mindfulness-getting-started/>

Please see information below with details of free counselling for parents of SEN children.



During this time, as a community we all come together and help support each other, please find a list of other organisations that can also offer great services, which can offer support in other ways.

- [info@surplustosupper.org](mailto:info@surplustosupper.org) for community food bank information
- [www.home-start.org.uk](http://www.home-start.org.uk) Staines branch 01784 463200
- [www.qwell.io](http://www.qwell.io) for families who have children with extra needs
- [www.stsaviourssunbury.org.uk](http://www.stsaviourssunbury.org.uk) for community food bank information
- [www.kooth.com](http://www.kooth.com) for children's well-being

Children centres, for example Sure-Start and Saxon, are open, but due to current restrictions appointments are needed which can be made online or by telephone.

If you are worried or concerned about your children in any way, or if you have any general worries and would just like some friendly advice, please feel free to contact myself via the school office.

Sam Sheehan, Family Support Worker

## Pastoral

### Focus on - Relaxation and Rest

As lockdown continues and we continue to try and balance the demands of home, school, work and family, the need to relax and take time for ourselves becomes more apparent. With this in mind, we wanted to share some ideas and tips to help our parents and children feel rested and refreshed.

- 1) Switch off your screens - give yourself some time away from your phone, apps and games as these stimulate your brain which can affect sleep and relaxation.
- 2) Spend time trying new things, developing new skills or on existing hobbies - think baking, crochet, art, mindful colouring, cooking. Anything that boosts your confidence and mood.
- 3) Exercise - a proven way to reduce stress, improve your mood and aid sleep-in addition to keeping your body healthy to fight infections.
- 4) Walking - a walk outside in the fresh air is a great way to relax and supports sleep.
- 5) Spending time outside in nature - slightly trickier at this time of year, but if you are lucky enough to live near a park or open space being outside and connecting with nature is a great way to lower stress levels and improve your mood.
- 6) Relaxation activities - visit YouTube for activities including Yoga, Tai Chi, Pilates and mindfulness or make use of many of the mindfulness and guided relaxation podcasts and apps available.
- 7) Warm Bath - a warm (not hot) bath is a great way to wind down after a busy or stressful day - particularly if you use lavender scented bath products. Children should always be supervised in the bath to prevent accidents.
- 8) Watch a film or read a book - losing yourself in a book or film allows your mind to switch off and your body to relax.
- 9) Connect with a friend - connect with a trusted friend via phone or video call to lift the spirits.

If you find it difficult to "switch off" at bedtime, try and avoid screens for at least 30 minutes before you go to bed. Warm milky drinks, a regular bedtime routine, reading and playing relaxing music are all great tips to aid relaxation and sleep at the end of the day.

The Pastoral Team are available to support with any wellbeing concerns during this time and can be contacted via the school office. Alternatively, please see the 'Well-being Support for Parents' section of our website which has lots of advice, resources, and useful contact information.