

Springfield Newsletter

Aim High and Achieve Excellence, Together



Springfield
Primary School

www.springfieldsch.org



@springfieldglf



Springfield Primary School - Sunbury-on-Thames

29th January 2021

Term 2, Issue 4

A note from the Headteacher

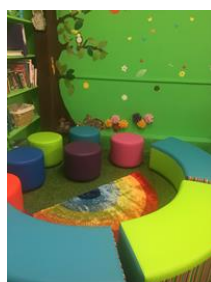
Dear Parents and Carers,

Pupils have worked incredibly hard with their learning, both in-school and at home. **Year 1** have been **baking bread** as part of their work on **instructional writing**, **Year 4 in Geography** have been making **clay mountain ranges** and in **Year 6 in Science**, exploring the **components of the heart**. Well-done to all children for some very impressive learning!



For children who are completing **paper home-learning packs**, please do return these to the main school office for class teachers to mark and provide feedback to pupils on.

In school we have been trying hard to remain positive and **future focused** and so I am pleased to share with you the news that our **library (Learning Resource Centre)** is developing well, with the hope that it will be fully operational from after the spring term for all children to access. The groundwork has also been agreed for completion over the February half-term break for **The Burrow (new Forest School)**, in advance of our **Outdoor Learning Week after half-term**. In celebration of our children's excellence, Mrs Standing has been working hard on the **red display boards at the front of the school**. We hope that pupils will enjoy seeing their contribution when they return.



Finally, with thoughts of the future, if you would like a place in the **Nursery for September 2021**, please do complete an online application on the school's website. In advance of this, if you have any questions, please do ask to speak with Mr Holton (EYFS Lead) or myself.

I wish you a restful weekend.

Mrs Caroline Gibbins
Headteacher

Dates for your diary

4th February –

Virtual Reception and Year 1 phonics workshop for parents 10.00am

9th February –

Safer Internet Day 2021

11th February –

Virtual Parent Forum, 9.30am

15th to 19th February –

HALF TERM

22nd February –

INSET day – no children in school

23rd to 26th February –

Outdoor Learning week

School Dinners

If your child is in school and is having school dinner, please ensure these are booked in advance on-line via SCOPay by no later than Friday of the preceding week.

Please see the new menu on SCOPay and the website for the week commencing 1st February 2021.

Lockdown lunches

Change4life have created a menu with some budget meals for parents to make at home:

<https://www.nhs.uk/change4life/recipes/lunch/cheap-lockdown-lunch-ideas>

Reading at Springfield

Please find attached a guide to 7 top tips to support reading at home. Shared reading is a great way to develop children's language and communication and to boost their reading skills. Regular reading routines can offer lots of opportunities for learning during school closures. The guide gives you a number of ideas on how to structure conversations with your child around the following seven tips:-

1. Concentrate on reading quality (it is not all about reading lots).
2. Ask your child lots of questions.
3. Ask your child to make predictions about what they have read.
4. Ask your child to summarise what they have read.
5. Ask your child to write about what they have read.
6. Read and discuss reading with friends or family.
7. Maintain the motivation to read.



Maths at Springfield – Top Tips for KS1 Parents

Number bonds are simply the pairs of numbers that make up a given number. For example, number bonds to 10 include $7 + 3$ and $2 + 8$.

By the end of Year 1, children are expected to know all the number bonds to 10 and all the number bonds to 20, and these are simple number facts that you can practise drilling at home.

Practice really does make perfect, so repeat, repeat, repeat – just like with times tables as they get older, number bonds are something children should know automatically without thinking or working out. You can help by testing them with some quick-fire number bond questions. Ask your child to think of as many as they can in a given time, either writing them down or shouting out.

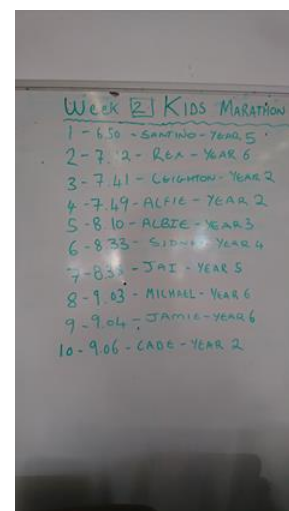
It is easy for them to use their hands for number bonds to 10: if they hold out both their hands and separate with a gap between any two fingers, they can see that the number of fingers on one side of the split + that on the other = 10. Revisit the activity once every few weeks.

Sports News

Please see the Kids Marathon overall leaderboard for Week 2:

The class code for the PE classroom is **fypb5rv**.

Mr Cain's superstar online learner of the week is Max in Year 2 for some fantastic videos he shared online with Miss Potter for his P.E. activities at home. Great work!



Remote Learning at Springfield

We hope you have found using Google Classroom useful during the last 3 weeks, below specifies some of the feedback we received from our parental questionnaire, which was completed last week:

- 95% agreed or strongly agreed that their child receives learning tasks that are meaningful each day, in a number of different subjects.
- 90% agreed or strongly agreed that their child is completing the minimum number of hours expected of them each day Monday-Friday.
- 93% agreed or strongly agreed that their child receives valuable feedback on their work.

We will be contacting families who feel they need further support with remote learning but please do contact the school office if you require any further support and a member of the pastoral team or the senior leadership team will offer support with this.

This week, and every week going forward, we are going to introduce an opportunity for the whole class to remote into a Google Meet to see the children in their class and their class teacher. Below are the times in which each class will be doing these live sessions:

Badger - Wednesday 10am

Fox - Tuesday 10am

Sparrow - Tuesday 4pm and Thursday 1:30pm on alternative weeks (the first session will be on Thursday 4th February with Miss Wall and the 2nd session will be on Tuesday 9th February with Mrs Griffiths)

Nightingale - Friday - 10am

Mole - Wednesday 1.45pm

Woodpecker - Monday 1pm

Bat - Monday 1pm and Thursday 1pm on alternative weeks (the first session will be on Monday 1st February with Mrs Seager and the second session will be on Thursday 11th February with Mrs Fennell)

Stoat - Thursday 11.30am

Otter - Wednesday 10am

Buzzard - Tuesday 10:15am

Osprey - Monday 10.15am

Eagle - Wednesday 1:30pm

Falcon - Thursday 1pm

Please be aware that when your child is logging onto a Google Meet, they need to use their own school Google account, or they may not be able to attend these sessions.

SLT will continue to offer assemblies at 2:30pm following days:

Year 5 and 6 - Monday

Year 3 and 4 - Wednesday

Year 1 and 2 - Thursday

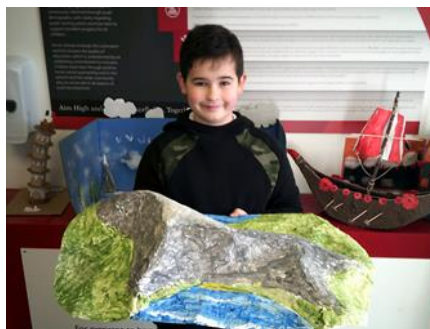
Year R and N - Friday

For all Google Meet sessions can you please ensure when your child logs in they have their microphone off to start the session. Any child who does not use these live sessions appropriately will be ejected from the session. All the staff involve are looking forward to hopefully seeing your child during these sessions.



Home Learning

Year 6 children have enjoyed making salt dough models of the heart to tie in with the Year 6 topic, 'Blood Heart'. We have seen some amazing models from Layla, Lakshmi, Sofia and Nya. Leyton made a model of the heart with fully labelled parts and additional written notes. Chloe in Year 3 produced an information leaflet about stopping graffiti at Sunbury Cross. Esther in Reception made a fantastic model of the Eiffel Tower. Wyndham in Year 4 made a model of a mountain. Well done everyone!



Lead Learner and Super Citizen

This week's Lead Learners working remotely were celebrated today, the focus being 'working really hard on their home learning':

Fox - Quinn
Badger - Theia
Sparrow - Ryan
Nightingale - Sienna
Woodpecker - Nancy
Mole - Cody

Bat - Rajanan
Stoat - Arnie
Otter - Tom
Buzzard - William
Osprey - Tia
Eagle - Leyton
Falcon - Grace

This week's Lead Learners working in school were celebrated today, the focus being 'being engaged in their learning':

Fox - Freddie
Badger - Esther
Sparrow - Jaime
Nightingale - Photizo
Woodpecker - Geoffrey
Mole - Poppy

Bat - Honey
Stoat - Jessica
Otter - Grace
Buzzard - Santino
Osprey - Ava
Eagle - Jamie
Falcon - Lois

Nursery King & Queen are:
Hedgehog - Kyle and Lillian

Owls and Squirrels - Frankie and Fia

TT Rockstars - Falcon class are winners this week. Our top 3 TT Rockstars with the most improved in accuracy are Navrah (Y3), Maya (Y3) and Ruby A. (Y3).

Numbots - Woodpecker class are at the top of this week's leader board. Our top 3 Numbots Stars with the most correct answers are Pesandu (Y2), Leo (Y2) and Neel (Y1). Antonia (Y1) achieved her Iron level, Sam (Y2) his Tin level and IreOluwa (Y2) his Aluminium level. Well done all!

Support for Families

Please see the links below that you may find useful:

- <https://www.nhs.uk/oneyou/every-mind-matters/>
- <https://www.surreysfamilyhelphub.org.uk/?view=category>
- BEAT (eating disorders association youth line) www.b-eat.co.uk 0808 801 0711
- Childline 08001111
- Papyrus (prevention of young suicide) www.papyrus-uk.org 0800 068 4141
- Family Lives www.familylives.org.uk 0808 800 2222
- Samaritans www.samaritians.org (24hours a day) 116 123
- Sane Line www.sane.org.uk 4.30pm to 10.30pm everyday 0300 304 7000
- www.kooth.com (support for young people)
- www.cyphaven.net
- Youth Counselling service for self-referral please call 0345 600 2515 or 07827 992 764 (response within four working days)
- In case of a crisis 0800 915 4644 (18 years and younger)
- Get mindfulness meditation practices, research and special offers from Mindful community, see link below: <https://www.mindful.org/meditation/mindfulness-getting-started/>
- **NHS 111 (24 hours a day)**

Pastoral

It's okay to not be okay.

This is a phrase we have heard many times during lockdown, but although we might repost, retweet or use it as a hashtag, how many of us actually accept it? Society, and in particular social media, places huge pressures and expectations on parents nowadays. If you were to believe some people's news-feeds they manage to bake 4 loaves of banana bread, construct a life-size fort from egg boxes, support their children to complete all their remote learning (whilst working from home themselves) by lunchtime in an immaculately tidy house, wearing pristine designer loungewear and with not a hair out of place!

Remember you are a parent, not a superhero. It is normal to be stressed, tired and emotional. It is normal to have a bad day.

Be kind to yourself. Looking after yourself helps your family. You cannot help others if you are struggling, so take a few minutes for yourself each day to do something that helps you relax.

Be aware of your emotions. Our natural reaction is to respond, "I'm fine" when asked how we are, even if the reality is very different. The reality is it is not healthy to ignore our feelings as this causes them to build and fester. Try talking to a trusted friend or family member, or daily journaling your thoughts and feelings. If you have a lot on your mind, try making lists to help you organise your thoughts.

Be kind to others If you know someone is struggling, reach out to them. A text, a phone call, a card through their door can let them know you are thinking of them. If your children or partner is struggling, a hug, a mug of hot chocolate, some of your time and attention can offer reassurance.

Five ways to wellbeing:

- 1) **Fuel** - make sure you are eating properly so that your body is fuelled and ready for the day ahead. If you are someone who normally eats on the go, try to take a few minutes to sit down as this aids digestion and where possible try to eat with your family to build connections and relationships.
- 2) **Sleep** - getting enough sleep is vital to ensure you have energy for the day ahead.
- 3) **Filter** - toxic friendships, social media and negative news affecting your mood? Try to think of ways you can limit your exposure and instead spend time doing something that makes you feel good.
- 4) **Exercise** - exercise releases a host of feel-good hormones that support our wellbeing in addition to keeping our bodies healthy.
- 5) **Laughter** - it really is the best medicine! Spend time playing with your children, watch a funny film or T.V. programme, listen to a podcast, read a funny book.

As always, the Pastoral Team are here to support families with their wellbeing and can be contacted via the school office.