Springfield Newsletter

Aim High and Achieve Excellence, Together

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Springfield Primary School @sprsunbury

A note from the Headteacher

Dear Parents and Carers,

With continued shared concerns about on-line safety, pupils in Key Stage 2 were part of an **online safety talk this week, led by PC Barnes** and her team, helping children become more aware of how to keep themselves safe when using the internet.

The school had a small, outdoor celebration this week, **Springfield Community Celebrates**, to mark the opening of the new Forest School and allotment area. In ensuring full compliance with Covid-19 guidance we could not open this event up more widely to parents as we had originally wished, but hope to be able to do so, as part of Family Learning afternoons in September.



Next Monday, 28th June information will be shared with parents about new class teachers. Following this, all parents will receive a year group specific transition pack; we hope having this information is useful in preparing for the new academic year. Children will have additional transition afternoons and a well-being programme which will run alongside these, to help with how they manage this change.

Due to Covid-19 restrictions not lifting at present, **Year 6 transition days will not now go ahead.** Secondary schools are working closely with us to ensure that they have a clear understanding of each pupil, with the intention of shortly sharing more information about virtual transition.

Next week, we have our next **Parent Forum** meeting on **Thursday, 1st July at 9.30am**. A link will be sent out in advance, if you notify the office of your intention to attend. We very much value feedback from parents and so please do join, if you are able to do so. Thank-you to Mrs O'Brien who has expertly chaired the Forum this year.

I wish you a restful weekend.

Mrs Caroline Gibbins Headteacher



24th June 2021 Term 3, Issue 9

Dates for your diary

Tuesday 29th June Transition Afternoon

Thursday 1st July Historical Figure Day – children can dress up

Thursday 1st July Parent Forum Meeting, 9.30am

Wednesday 7th July Transition Afternoon

Friday 9th July Sports Day Results revealed

Sports Day (children only) Tuesday 29th June Year 6 Friday 2nd July Year 4 Monday 5th July Nursery & Year 2 Tuesday 6th July Year 1 & Year 3 Wednesday 7th July Year R Thursday 8th July Year 5 Friday 9th July Nursery

School Dinners

Please ensure school lunches are booked and, where applicable, paid for in advance on-line via SCOpay by no later than Friday of the preceding week.



Reading at Springfield

We are very excited to let you know that on Friday 9th July, the Travelling Book Fair will be visiting us in school. Due to restrictions, we will run this in the same COVID friendly manor as the book fair in the Autumn Term.

Children will have an opportunity to see the books on offer, and then parents will be able to order and pay for the books online. This terms book fair is offering a fantastic 3 for 2 offer on all books! The book fair is a fantastic revenue for funding books for our school so every order is much appreciated.

Thank-you for your continued support in how we help pupils develop their enthusiasm and confidence in reading.



Maths at Springfield - Key Stage 2 Top tips for Parents

When you have completed a calculation, take a moment to look at it and the answer. Ask, does that look right?

For example, if you were multiplying a whole number by 6300, the number is going to be large and, as long as the whole number is not 1, bigger than 6300. You can also help to check answers by getting into the habit of doing rough calculations prior to completing the answer and seeing if they are approximately right or by using the inverse operation (so addition to check subtraction and vice versa and multiplication to check division).



Open Mornings

After half-term we will be giving small group tours of 5 people for Reception 2022 intake.

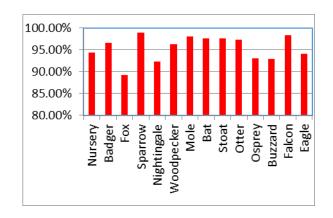
Thursday $1^{\rm st}$ July 9.30 - 10.30am Wednesday $7^{\rm th}$ July 9.30 - 10.30am Wednesday $14^{\rm th}$ July 9.30 - 10.30am

Please email <u>info@springfield.surrey.sch.uk</u> to confirm attendance as places are limited.

Awards				
This week's Lead Learners were celebrated today, the focus being 'For going above and beyond with home learning':				
Sparrow	- Sophie		Stoat	- Julia
Nightingale	- Molly		Otter	- Madison
Woodpecker	- Nancy		Buzzard	- Eric
Mole	- Luke		Osprey	- Liam
Bat	- Lucas		Eagle	- Leyton
			Falcon	- Tilly
Sparrow	per Citizens were celebra - Callum - Martha - Faith - Cody - Keira	ted today, the foo	cus being 'Expres Stoat Otter Buzzard Osprey Eagle Falcon	ssing feelings about change': - Harry - Blake - Callum - Albie - Ella - Scarlett
Our Reception Kings and Queens for this week are:				
Badger Class:		Fox Class:		
King - Mason		King - Ethar	า	
Queen - Ivy		Queen - Grace	5	
Our Nursery Kings & Queens are: Hedgehogs – Arthur and Isabel		Squirrels – Kayo	den and Adelina	Owls – Sebastian and Tallulah

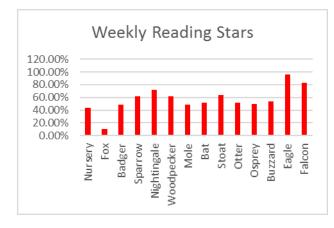
TT Rockstars – Buzzard class are winners this week. Our top 3 TT Rockstars with the most improved in accuracy are Jack (Y3), Callum (Y5) and Deandre (Y5).

Numbots – Mole class are at the top of this week's leader board. Our top 3 Numbots Stars with the most correct answers are Janvika (Y1) Yugdeep (Y1) and Max (Y2). Charlotte (Y1) achieved her Iron level, Shreeyaa (Y1) achieved her Iron level and Tin level, Max (Y2) achieved his Iron level. Well done everyone!



Attendance – Winners of the attendance cup for week commencing 14th June are:

EYFS & KS1: Sparrow – 99% KS2: Falcon – 98.4%



Reading Stars – Winners of the reading stars for week commencing 14th June are Eagle class with 96.15%

Sport

On Thursday the 10th June, Springfield took part in the Year 5 and 6 cricket competition. We entered two teams, one from Year 5 and one from Year 6. Two weeks prior to the competition both groups had rigorous training sessions throughout their lunchtimes and the hard work paid off with some outstanding performances from all of the children.

The Year 5 team finished 3rd, which is a valiant effort, considering they are all playing against older children! The Year 6 team were fantastic and went on to win the competition!

The Year 6 match went to the last over, and it reminded me of England's recent world cup triumph. Alfie batted last knowing if he avoided getting out the trophy would come home and after 5 bowls, he was cool, calm and collected and saw the trophy home! Well done to - Adrith, Oliver, Santino, Jai, Finely, Danas, Callum, Liam, Freddie, Alfie, Teddy, Rex, Joshua, Dylan, Daniyal, Daniel and Neveed.





Historical Figure Day

On Thursday, 1st July 2021, we will be celebrating 'Historical Figure Day'. The purpose of the day is to deepen their historical subject knowledge of key figures from the past and the influence they have had on modern society. Each year group will focus their learning on a chosen historical figure on this day. To make the day even more fun, children can dress up as their chosen historical figure.

Support for Families

Please see link, this is an online resource centre for pre and post ASD diagnosis offering a variety of local support networks for families. <u>http://www.expresscic.org.uk/</u>

The organisation is an independent, user led, not for profit voluntary sector organisation based in the borough of Kingston upon Thames. We set up **express CIC** to help support young people on the autism spectrum and to raise autism awareness in the community. A CIC is a community interest company which means that we operate as a 'not for profit' company. At **express**, we envisage a social environment where young people on the autism spectrum and their families feel welcomed and secure within the local community. Where young people would be able to gain valuable social skills and work experience opportunities. We aim to provide a service that will be used, supported and enjoyed by the community as a whole.

NSPCC launch new Report Remove tool

The NSPCC and the Internet Watch Foundation (IWF) in partnership with Yoti (an age verification platform) have launched Report Remove – a tool to help young people under 18 remove sexual images of themselves online. Report Remove can support young people to report sexual images or video shared online and takes steps to remove it, if it is illegal.

Trying to remove an image or video online can be extremely difficult and upsetting for children and young people. Report Remove provides a child-centred approach to image removal which can be done entirely online, and NSPCC's Childline service will ensure that the young person is safeguarded throughout the process. For more information, visit Report Remove and make sure the young people you work with are aware of this important tool.

Pastoral

Supporting children during times of change.

As a school, we want to support our families in navigating the inevitable changes in home and family life. This may include a house move, the birth of a new baby, a breakdown in the family home, redundancy or unemployment and bereavement amongst other things. Depending on the circumstances, some children will approach this with anticipation and excitement, others with fear and worry. It is therefore important that we encourage them to talk about how they are feeling and reassure them that this is completely normal.

Some behaviours an anxious child may display include:

- Over-adaptation being overly helpful, putting the needs of others before themselves.
- Agitation increased fidgeting, tapping, sensory needs etc.
- Attention seeking behaviours particularly in relation to feeling poorly and being unwell.
- Aggression
- Negative self-talk.
- Freeze / shut down refusing to talk or engage with others, not wanting to leave the house, spending lots of time in their bedroom alone.
- Decreased independence saying they can't do things they have previously managed independently which could include feeding, toileting, getting dressed etc.
- Becoming more selective about food refusing to eat foods they have previously enjoyed, eating a very limited diet, refusing to
 adhere to family mealtimes.

Some strategies that may help you to support your child could include:

- A daily diary or journal for them to draw or write their feelings.
- Creating a positives jar. Using a clean jar or container, each day one positive event is written onto a piece of paper and added to the jar. This could be a big event such a riding their bike without stabilizers to a FaceTime call with a family member. These positives can be used to reflect on during tricky days.
- Setting aside a regular time each day to talk to your child about how they are feeling, answer any questions they may have and alleviate any fears.
- Make sure your child is getting enough sleep and where possible follow a routine.
- Writing down worries in a special worry book.
- Making a worry box or using a worry monster.
- Writing worries onto pieces of paper and then scrunching them up and throwing them in the bin.
- Make a playlist of songs that help your child feel happy and positive to listen to when they are feeling wobbly.
- Use guided relaxations to help children wind down before bedtime as this is often the time when worries start to surface see Cosmic Kids Peace Out on YouTube.
- Introducing reward charts to encourage independence.
- For children for whom food is an issue, encourage them to help plan shopping lists and weekly meals, cook and prepare food, help set the table or make menus and place settings for the family.

As a school we are committed to helping all of our children and their families navigate any new circumstances and our Pastoral Team are here to support you. Please do contact us via the school office.

Looking after yourselves

It is so important that in addition to caring for your children during times of change, you also care for yourselves. Undoubtedly this is can be a challenge, however here are a few ideas that have been shared with us.

- Make sure you are getting enough sleep as this will give you more energy (and patience) to care for your children.
- Try to take some time each day for yourself this could be a cup of tea in peace whilst the children watch a TV programme, getting out for a walk or form of exercise alone (childcare permitting), meeting up with a friend (observing social distancing guidelines), or anything that gives you a few minutes of personal space.
- Take advantage of mental health and mindfulness sites and apps many of which are offering free resources.
- Phone a friend or family member if you are having a tricky day.
- If social media and the news are affecting your mental health, try switching off your phone or deleting or pausing apps. Think about updating your social media connections to remove any pages, "friends" or links that can make you feel negative.
- Try to eat healthily as much as possible and ensure you are including plenty of fresh fruit and vegetables in your diet. If your body feels good, your mind-set will be more positive.