

# Springfield Newsletter

Aim High and Achieve Excellence, Together



Springfield  
Primary School

[www.springfieldsch.org](http://www.springfieldsch.org)



@springfieldglf



Springfield Primary School - Sunbury-on-Thames.

12<sup>th</sup> June 2020

Term 3, Issue 9

## A note from the Headteacher

Dear Parents,

This week has been one of very mixed emotions for the school community. It has been a pleasure to welcome additional children into the childcare provision and wonderful to see Year 6 pupils, after such an extended period of time. We know though that not all children can return at present, but they are very much in our thoughts. To help pupils still feel part of Springfield, we have introduced a further weekly video check-in with Mr Baker and Mr Cain. Mrs Standing is currently working on a new wellbeing project that all children, both at home and in school, can be part of and the home-learning provision remains unchanged. To celebrate children's achievements, we are reintroducing the Lead Learner award. Each week pupils will be nominated in class or through the video check-in, for excellence in learning,

I am mindful that social media has been awash with images of some schools with no displays, limited resources and highly-restrictive, zoned areas. In light of these, it must be hard for parents to know what Springfield now looks like and so please see the images contained in this newsletter which I hope provides some reassurance. In adherence to health and safety guidance, there are aspects of school which do look different, for example: class sizes, possibly different teachers and the introduction of the Golden 5 rules. We are taking seriously our responsibility to make the school as safe as can be and crucially, part of this is in giving careful thought to the wellbeing needs of children. In this we have adopted a sensible approach. We know that for pupils it is important that school still needs to look like school. Displays, routines for learning and many resources will remain the same; we are just thinking more creatively and flexibly about how we can continue to bring learning alive. This also includes recreational times. We are fortunate to have extensive grounds and so whilst there are zones, they are significant in size with staff facilitating activities for the children to have and enjoy.



In welcoming children back, we have been taken aback by how much they have grown. If you are having a sort through of old school uniform, that you think could be used by another child, we would be grateful for any donations, left with a member of the SLT at the start or end of the school day. We will continue to have a free uniform stand outside school each day; please do take anything you need.

I wish you a restful weekend.

Mrs Caroline Gibbins  
Headteacher



## General Information

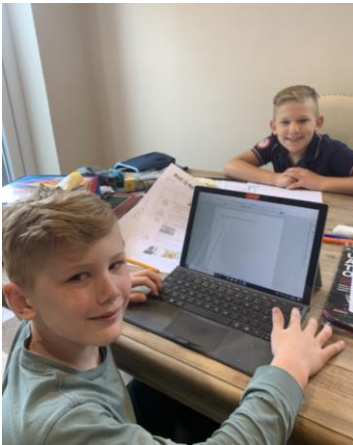
### Video Calls –

Please be assured we will continue with our weekly video calls for children in Year 2, 3, 4 and 5 for the duration of the summer term. We will notify you via text the time in which these will take place. Mr Cain will be available to talk to children in all year groups at 9:45 every Wednesday morning.

### School Dinners –

For the children returning to school, you will be able to order a school meal in the form of a school packed lunch from the day they are due to return. This will include a selection of filled rolls daily, vegetable sticks, fruit and a pudding. The menu has been uploaded to both the website and the scopay portal. You will need to order your child's meal in the normal way via [www.scopay.com](http://www.scopay.com). Please order by no later than 1pm of the preceding Friday.

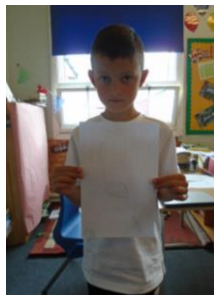
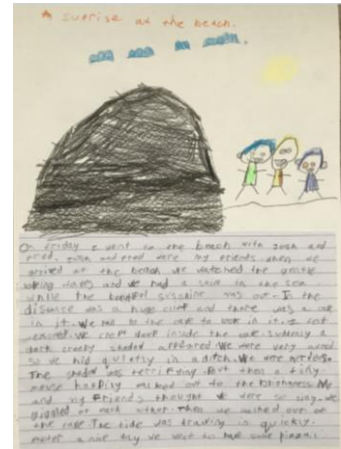
## Celebrating Home Learning



Some fantastic home learning by Ridley, who wrote about his favourite superhero and Oliver, who did some fraction work.



Charlie in Year 2 looked at the story the 'The Owl and the Pussycat', drew out an S plan and then wrote a fantastic short story. Great to see you are using a technique that you have learnt in school to help you in the planning process for your story.

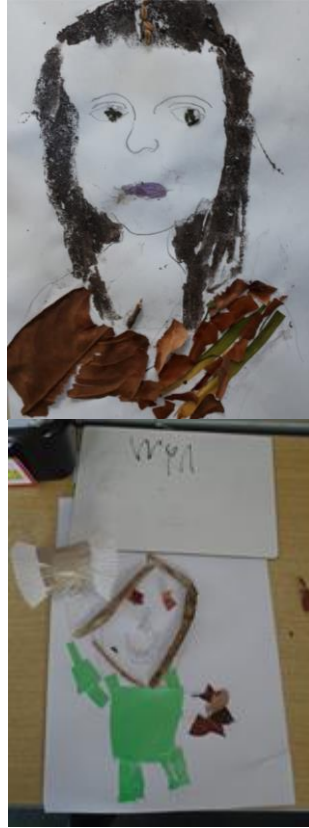


Children in the Year 2 and Year 3 childcare group researched the Eiffel Tower and sketched it in detail! All the children learnt new facts and were extremely proud of the work they produced. Above are photos of Ruby, Louie, Bell, Rosie, Elisha and Maizy-Ann.

## Art competition

Congratulations to every child that emailed in your 3D picture! I was very impressed with how imaginative you have been by using cake cases, twigs, cotton wool and lots of other resources. It was very hard to pick a winner from each class but huge congratulations to Laila, Wyndham, Rosie, Miley, Molly and Sophie. Keep up the good work.

Miss Wall.



## To our children in Years 2, 3, 4 and 5

To our wonderful children in Years 2, 3, 4 and 5

It Is Not Your Turn Yet

It is **NOT** time for you to go back to school yet.

The people in charge of our country have decided that it is Ok for **SOME** children to go back to school.

You are **NOT** in Nursery, Reception, Year 1 or Year 6,

So it is **NOT** time to go back yet.

We are working very hard to get you back into school.

When the scientists tell the people in charge that it is Ok for you to come back to school, we will be waiting with **SMILES** for you.

We know that this may make you sad, and that you are missing your friends and teachers. We **MISS** you too.

It is Ok to feel sad about this.

We will soon all see each other again.

We just have to **WAIT** a bit longer until the people in charge of our country say it is Ok.

We do hope that this will be **SOON**, until then it is important that you **TRY YOUR BEST** and keep up the **GOOD WORK** you are doing at **HOME** and **STAY SAFE**.

See you soon.

The Teachers of Springfield Primary School

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## News from the Pastoral Team

### Supporting our children to manage change

So many things are changing at the moment, and we will all respond to this in different ways. We are grateful to all our parents who have contacted us about the challenges you are experiencing at home, sharing ideas and advice and asking for support.

Whilst some children are coping well with the "new normal", we know that some are really struggling - particularly in managing their worries and anxieties around coronavirus, social distancing, leaving the house and returning to school.

Some behaviours an anxious child may display include:

- Over-adaptation - being overly helpful, putting the needs of others before themselves.
- Agitation - increased fidgeting, tapping, sensory needs etc.
- Attention seeking behaviours - particularly in relation to feeling poorly and being unwell.
- Aggression
- Negative self-talk.
- Freeze / shut down - refusing to talk or engage with others, not wanting to leave the house, spending lots of time in their bedroom alone.
- Decreased independence - saying they cannot do things they have previously managed independently which could include feeding, toileting, getting dressed etc.
- Becoming more selective about food - refusing to eat foods they have previously enjoyed, eating a very limited diet, refusing to adhere to family mealtimes.

It is completely normal for our children to feel anxious in these uncertain times, and it is important to offer support and reassurance.

Some ideas to help children manage worries are:

- Writing down worries in a special worry book.
- Making a worry box or using a worry monster.
- Writing worries onto pieces of paper and then scrunching them up and throwing them in the bin.
- Reading books about worries - Mrs Standing has recorded herself reading "A Huge Bag of Worries" for our Read with a Teacher section on the website.
- Make a playlist of songs that help your child feel happy and positive to listen to when they are feeling wobbly.
- Use guided relaxations to help children wind down before bedtime as this is often the time when worries start to surface - see Cosmic Kids Peace Out on YouTube.
- Introducing reward charts to encourage independence.
- For children for whom food is an issue, encourage them to help plan shopping lists and weekly meals, cook and prepare food, help set the table or make menus and place settings for the family.
- The school can also provide structured resources for parents to use at home with their children on request.

Links to useful resources:

This story has been written to explain the changes that have taken place in school for those who are returning over the next few weeks:

<https://www.sophiesstories.co.uk/back-to-school-superheroes>

This lovely story has been written to explain social distancing to young children and to offer reassurance to children who may be feeling anxious about going outside after lockdown:

<https://www.sophiesstories.co.uk/stayhomesuperheroesgooutside>

This song has been written to help children understand the two meter rule:

<https://www.youtube.com/watch?v=3nQgTywKmvQ>

Please do contact us via the school office if you have any concerns about your child's wellbeing or if you have any strategies or tips you would like us to share in this newsletter to support other families.